

PROGRAMS OFFERED

Rolling Ripples (Parent-Tot) Ages 1-3

- * Learn structure, basic gymnastics skills on soft equipment along with explore time.

Recreation classes for Preschool to 18 years for boys and girls

- * Structured, classes are according to ability, individually challenged, using safe progressions

(Wave Runner, Tidal Wave, Tornado, Tsunami, Hurricane)

Boys and Girls developmental teams

- * Progress at a faster rate. It involves more intense skills and conditioning compared to the recreational classes. The children get prepared for competitions by participating in meets.

Boys and Girls competitive team

- * Starting at Level 4 for girls and boys. It involves a giant step into gaining strength, flexibility, skills and self-esteem.

Cheerleading for teams & individuals

- * Increases the tumbling skills and jumps.

Group field trips

- * Offered for 1 hour (games/ equipment)

Birthday parties

- * 1 1/2 hrs of fun, games, equipment time and no mess for moms.

Private and semi-private Lessons

- * Individual instruction with great results.

Other Events Watch Newsletters and signs for details!

- * Sleepovers - ages 6 and up
- * Themed weeks for classes

YEAR AT A GLANCE:

August 31st - June 19th

Payments are based on a 4 week month

***PAYWEEKS:**

Block 1: Payment due 8/31-9/5 **Block 6:** Payment due 1/18-23

Block 2: Paymt due 9/20-26 **Block 7:** Payment due 2/15-20

Block 3: Paymt due 10/19-24 **Block 8:** Payment due 3/15-20

Block 4: Paymt due 11/16-21 **Block 9:** Payment due 4/12-17

Block 5: Paymt due 12/14-19 **Block 10:** Payment due 5/17-22

***SCHEDULED BREAKS: See desk for make-ups**

- Monday, 9/7: Labor Day
- Thursday, 11/26: Thanksgiving
- Thurs. & Fri. 12/24-25: Christmas Eve & Christmas
- Fri & Sat. 2/6 & 2/7: Nickel City meet
- Monday, 5/31: Memorial Day
- Fri. + Sat. TBA: Level 6 State Championships

***PLANNED CLOSINGS: NO make-ups**

- GYM CLOSED
- December 28 – January 1st: Winter Recess
 - April 19 – 24th: Spring Recess

***SHOWTIME: June 14 – 19th**

This is a themed recital for family to come and enjoy! It is during the last week of classes during your child's regular class. There is an additional fee added to May or June's tuition (around \$15). The kids learn routines to perform and receive a trophy and prize at the end of their show.

We accept cash, checks, MasterCard and Visa.

Returned checks are charged a \$20 fee

Drop off & Pick up

***DO NOT PARK IN CIRCLE or BLOCK**

DRIVE; these are Fire Lanes you may be fined!

- At no time should a child be left unattended waiting for class to begin
- Children must be picked up as soon as class is over. *There is a \$3.00 charge for every 15 minutes a child is here after class. Our staff is not able to stay after class or able to tend to children when another class is in progress
- **CHILDREN MUST WAIT INSIDE THE BUILDING. Please park your car and come into the building to pick up your child. USE CAUTION!**

Absenteeism & Make-up Policy

- It is the student's responsibility to attend class, therefore, *reductions will not be granted for missed classes*
- Students are allowed to make up 1 absence per month. They must make it up within 30 days of the absence.

Withdrawing

- Getting used to a new routine and sore muscles are common in gymnastics. Please allow us to resolve issues before withdrawing.
- Any student dropping from the program or going on hold must give **2 weeks written notice. You are paying for your child's spot in class; it is not based on attendance.**
- Clients are responsible for tuition covering the two-week notice. **If notice is not given to the office, the client will be responsible for that month's tuition.**

Monthly Newsletters(also available on line)

- Gives important information on upcoming events. Handed out monthly.
- Includes information on special weekly themes Extra copies will be available at the desk if your child was absent.

Tuition Policies

- Paid registration fees and tuition are **non-refundable**
- **Tuition pays your child's spot in class;**

it's not based on attendance.

- Late tuition payments are assessed a \$5.00 charge: Returned checks are \$20

History & Equipment

- ★ Gymnastics Unlimited was founded in 1975 and established the Orchard Park facility in 1993.
- ★ Gymnastics Unlimited is WNY finest, fully-equipped 14,000 square foot gym.
- ★ Bars, beam, floor, vault, tramp, tumble track, rings, soft misc. equipment including slants, octagons, and tunnels.
- ★ Floor level equipment including the trampoline and tumble track.
- ★ 60 foot long foam pit.
- ★ There is separate equipment for the recreational classes and team members.
- ★ **Air conditioning** in the summer months.

Staff Credentials

- ★ Caring, professional instructors for all ages.
- ★ Teachers are trained by clinicians for spotting and teaching techniques
- ★ Backgrounds in Phys Ed. Early Childhood Ed., certifications in gymnastics spotting, education & hands on training.
- ★ Instructors kept up to date with certification in sports injury first aid and CPR.
- ★ Teachers are guided with a progressive skill curriculum on a weekly basis involving different themes.
- ★ USAG Members and a Member Club

Program Goals

- ★ Creative ways to help your child develop physically, enhance positive self-esteem, listening skills and problem solving abilities
- ★ Develop strength, coordination, flexibility and mental discipline
- ★ Student to teacher ratio is 8 to 1 or less

Philosophy

To engage each child in a fun fitness program where they will be challenged with skill mastery,

physical development and are encouraged and inspired to achieve their personal best and goals.

Attire

Girls:

- ☑ Leotard, socks optional(no tights and wind pants- too slippery)
- ☑ Hair secured off face
- ☑ no jewelry, no earrings (including post earrings)

Boys:

- ☑ T-shirt, shorts or sweat pants
- ☑ no pockets, zippers, buckles, belts or wind pants

Safety Policies

- ★ Students are not allowed on equipment at any time without an instructor present.
- ★ Horse playing is not allowed.
- ★ No food or drink and NO GUM allowed.
- ★ Please do not leave your child until they are with the instructor
- ★ Pick up immediately after class is over
- ★ We are not responsible for lost or stolen items. Do not bring/leave valuables in the gym
- ★ **Please do not park or stand in circle. This gridlocks the parking lot.**
- ★ NO child under the age of 18 is allowed to leave the building without a designated guardian or express written permission(those who drive themselves)

Owners

~ Steve and June Haas

“Our greatest accomplishment is to see

children grow and develop to their fullest capabilities.”

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