

**SUMMER
TIME**





GYMNASTICS Unlimited

70 Weiss Ave., West Seneca, NY 14224

716-677-0338

www.gymnastics-unlimited.net

SUMMER SCHEDULE: June 28th – August 28th 2010

TYPE OF CLASS	DESCRIPTION	AGES	DAYS/TIMES OFFERED	COST
Rolling Ripples (Parent-Tot)	Parent stays with child to guide through courses. Learn basis of structure, use large/ fine motor skills, learn basics w/ circle time.	Walking-3 yrs	Monday 5:45-6:30pm Wednesday 9:15-10am Thursday 9:30-10:15am	\$106 (9 weeks)
Wave Runners (Pre-School)	Structured group, learn basic gymnastics skills and strength along with circle time.	2 ½ - 5 yrs <i>45 min. classes</i>	Wednesday 10-10:45am Wednesday 10:50-11:35am	\$106 (9 weeks)
Tidal Waves 	Structured group, learn basic skills, strength and flexibility. Individually challenged, use safe progressions. Complete criteria to continue on to Tornados.	3-8yrs Ages 7+ <i>1 hr. classes</i>	MON 6:30pm TUES 10:15; 11:15am 5:45; 6:45pm WED 4:45pm THURS 10:15am; 11:15am; 4:15pm MON 7:30pm WED 5:45pm	\$108 (9 Weeks)
Tornados 	Structured group, master basic skills, strength and flexibility. Individually challenged, use safe progressions. Complete criteria for this level and continue on to Tsunamis	4-10yrs Ages 7+ <i>1 hr. classes</i>	MON 6:30pm TUES 10:15am; 11:15 am 5:45; 6:45pm WED 4:45pm THUR 10:15; 11:15am; 4:15; 5:15pm MON 7:30pm WED 5:45pm	\$108 (9 Weeks)
Tsunamis 	Structured group, individually challenged, use safe progressions for more advanced skills. Complete criteria for level and continue on to Hurricanes	5-10yrs Ages 7+ <i>1 hr. classes</i>	MON 6:30pm TUES 10:15; 11:15 am 5:45; 6:45pm WED 4:45pm THUR 10:15am; 11:15am; 4:15; 5:15 pm MON 7:30pm WED 5:45pm	\$108 (9 Weeks)
Hurricanes 	Use prior progressions to learn more advanced skills. Must be willing to try. Class will then be divided into "Categories" according to skill ability.	Advanced <i>1 ½ hr. classes</i>	Monday 7:30-9pm (ages 8+) Tuesday 4-5:30pm (ages 5-10) Thursday 11:15-12:45 (6 yrs+)	\$146 (9 Weeks)
Parents Morning Out	1 st hour of gymnastics 2 nd hour of snack and crafts	4-11yrs <i>2 hr. class</i>	Tuesday 10-12pm Wednesday 10-12pm	\$168 (9 Weeks)
Tramp & Tumbling	Specifically for learning how to tumble/flip using the floor, tumble track and trampoline	7yrs & up <i>1 hr. class</i>	Wednesday 6-7pm Thursday 5:15pm	\$108 (9 Weeks)
Indoor Playground Time	This is like going to the playground. You stay with your children to supervise and keep them safe.	Ages 5yrs & younger	Thursday 12:30-1:30pm	\$7 / participating child
Open Workout	2 hours of free play. There is a 10 min. stretch at the beginning, we establish the rules and then let kids play on the equipment.	Ages 6yrs & older	Wednesday 7-9pm Friday 7-9pm	\$5 for Members \$10 Non- members

*Summer Registration fee (new enrollments only) = \$10/ child, discounts for child in multiple classes or 5% for siblings enrolled in class. **Any tuition or deposit for summer is NON-REFUNDABLE**

All prices subject to change

Summer Payment is due June 12th.